

**MISSOURI SPINE INSTITUTE**  
*John D. Spears, D.O.*

<i>Office Use Only</i>	
Right/Left Handed	
BP: _____ / _____	Pulse: _____
Height: _____	Weight: _____ BMI: _____

Date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Age: \_\_\_\_\_ Sex: M F

Address: \_\_\_\_\_  
\_\_\_\_\_

Best number to contact you: (\_\_\_\_\_) - \_\_\_\_\_ - \_\_\_\_\_

Alternate contact number: (\_\_\_\_\_) - \_\_\_\_\_ - \_\_\_\_\_

**Reason for today's visit/chief complaint:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

***Please tell us how you were referred to our office:***

- Family doctor/another physician: \_\_\_\_\_
- Family friend/relative: \_\_\_\_\_
- Previous patient of Dr. Spears: \_\_\_\_\_
- Radio Advertisement
- T.V. Advertisement
- Magazine Advertisement
- Web-site ([www.mospineinstitute.com](http://www.mospineinstitute.com))
- Other: \_\_\_\_\_

When did the problem begin/Date of injury? \_\_\_\_\_ How did the injury occur? \_\_\_\_\_

\*\*\*\****Did this injury happen at work?*** **YES** NO If yes, how? \_\_\_\_\_

(If yes, and you have an existing claim or you have not yet filed a claim to your employer, please let the receptionist know *prior* to your appointment)

Is this injury/problem a result of a motor vehicle accident? YES NO If yes, explain? \_\_\_\_\_

What area of the body do you have pain/problem(s)? \_\_\_\_\_

Do you have radiating pain, numbness or weakness? YES NO If yes, where? \_\_\_\_\_

Is the problem getting worse, better or staying the same? \_\_\_\_\_

What activities can you *NOT* do because of this? \_\_\_\_\_

Have you had this problem before? YES NO Have you seen another doctor for this problem? YES NO

If yes, name of doctor & treatment provided: \_\_\_\_\_

Have you had a nerve conduction study or an EMG performed **recently**? YES NO If yes, when and by whom? \_\_\_\_\_

Have you ever had any Epidural Steroid Injections done **recently**? YES NO If yes, when? \_\_\_\_\_ How Many? \_\_\_\_\_

If you *have* had ESI's, did they provide you any relief, even if it was temporary? YES NO If yes, how long? \_\_\_\_\_

Have you had Physical Therapy **recently**? YES NO If yes, when? \_\_\_\_\_ Did PT help your symptoms? YES NO

Have you had any other treatment(s) not mentioned above for this problem? YES NO If yes, please explain: \_\_\_\_\_

**Current Medications:**  See attached list

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Do you have any medication allergies?**  NO If yes, please list: \_\_\_\_\_

## Missouri Spine Institute- Past Medical History:

Do **you** have or had any of the following medical conditions/diseases:

- Liver       Heart       Lung       Diabetes       Blood Clots  
 Kidney       Cancer       Blood Pressure       Arthritis       Seizure

Other, Explain: \_\_\_\_\_

When was your last tetanus shot? \_\_\_\_\_

Have **you** ever had any surgeries? If **yes**, please list below:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have **you** ever been hospitalized for any reason **other than** the surgeries listed above? If **yes**, please list below:

\_\_\_\_\_  
\_\_\_\_\_

(Females only):

Menstrual History:      Age of onset: \_\_\_\_\_      Regular periods: \_\_\_\_\_      Age of menopause: \_\_\_\_\_

Are you pregnant or currently trying to get pregnant?      YES      NO

### Family History:

Do any of your immediate **relatives** have any of the following medical conditions/diseases?

- High Blood Pressure       Low Blood Pressure       Strokes       Heart Disease  
 Arthritis/Gout       Parkinson's disease       Epilepsy       Tuberculosis  
 Alcoholism       Lung Disease       Diabetes       Kidney Disease  
 Nervous Breakdown       Bleeding Tendency       Heart Attack       Cancer (Type): \_\_\_\_\_

#### If alive:

Father:      Age \_\_\_\_\_      Health (circle one) Good      Fair      Poor

Mother:      Age \_\_\_\_\_      Health (circle one) Good      Fair      Poor

Siblings:      Age \_\_\_\_\_      Health (circle one) Good      Fair      Poor

(*brothers & sisters*)      Age \_\_\_\_\_      Health (circle one) Good      Fair      Poor

#### If deceased:

Age: \_\_\_\_\_ Cause: \_\_\_\_\_

Age: \_\_\_\_\_ Cause: \_\_\_\_\_

Age: \_\_\_\_\_ Cause: \_\_\_\_\_

Age: \_\_\_\_\_ Cause: \_\_\_\_\_

### Social History:

Highest Level of Education: \_\_\_\_\_

Employed:       No       Yes      If yes, where? \_\_\_\_\_

Have you ever lived outside the United States?       No       Yes      If yes, where? \_\_\_\_\_

Military Service:       No      Yes  If yes, rank and type of discharge: \_\_\_\_\_

Are you a smoker?       No       Yes      If yes, how much? \_\_\_\_\_ How much alcohol do you consume? \_\_\_\_\_

# Missouri Spine Institute- Review of Systems:

Please *circle* if you have any of the following:

## Eyes:

Redness/Discharge	Yes	No
Glasses or Contacts	Yes	No
Blurred/Double Vision	Yes	No
Cataracts	Yes	No
Glaucoma	Yes	No
Other: _____		

## Ears/Nose/Throat:

Sore throat	Yes	No
Nosebleed	Yes	No
Runny Nose	Yes	No
Hoarse	Yes	No
Hearing Loss	Yes	No
Other: _____		

## Cardiovascular:

Chest Pain	Yes	No
Heart Murmur	Yes	No
Lower Leg Swelling	Yes	No
Irregular Heart Rate	Yes	No
High Blood Pressure	Yes	No
Other: _____		

## Respiratory:

Shortness of Breath	Yes	No
Cough	Yes	No
Asthma	Yes	No
Coughing up blood	Yes	No
Hay fever with wheezing	Yes	No
Post Nasal Drip	Yes	No
Other: _____		

## Gastrointestinal:

Diarrhea	Yes	No
Abdominal pain/bloating	Yes	No
Gallstones	Yes	No
Ulcers	Yes	No
Jaundice	Yes	No
Bloody stools	Yes	No
Other: _____		

## Genitourinary:

Burning/Painful Urination	Yes	No
Vaginal/Penile Discharge	Yes	No
Urinary Frequency	Yes	No
Unable to control urine	Yes	No
Blood in urine	Yes	No
Other: _____		

## Musculoskeletal:

Pain muscle	Yes	No
Neck/Back pain	Yes	No
Joint pain or swelling	Yes	No
Arm/leg inflammation	Yes	No
Difficulty moving limbs	Yes	No
Other: _____		

## Skin/Breast:

Rash	Yes	No
Lesions	Yes	No
Skin Cancers	Yes	No
Eczema	Yes	No
Masses	Yes	No
Other: _____		

## Neurological:

Headache	Yes	No
Numbness/Weakness	Yes	No
Seizures	Yes	No
Paralysis	Yes	No
Other: _____		

## Psychiatric:

Change in mental state	Yes	No
Confusion	Yes	No
Depression	Yes	No
Agitation	Yes	No
Other: _____		

## Endocrine:

Fatigue	Yes	No
Increase in hair growth/loss	Yes	No
Heat Intolerance	Yes	No
Increased thirst	Yes	No
Other: _____		

## Hematologic/Lymphatic:

Bleeding Tendency	Yes	No
Lymph Node enlargement/pain	Yes	No
Anemia	Yes	No
Other: _____		

## Allergy/Immunology:

Runny Nose	Yes	No
Skin- Itching/Rash	Yes	No
Asthma	Yes	No
Sneezing	Yes	No
Other: _____		

**Physician's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_